**6Lsfk'/ ax'd'vL SofDk; s[lif lj1fg ;+sfo, bf];|f] ;qsf] FMP2 Farm**

**Management Production and Resource Economics ljifosf]**

**k/LIff ljjfb;DaGwL /fo,;'´fj Pjd\ ;d:of ;dfwfgsf**

**;Defljt pkfo l;kmfl/; ug{**

**ul7t ;'´fj ;ldltsf]**

**k|ltj]bg – @)&\***

**k|:tf]tf**

**;d:of ;dfwfgsf] ;Defljt pkfo l;kmfl/; ug{ ul7t ;'´fj ;ldlt**

k|f= ef:s/bQ hf]zL k"j{ k/LIff lgoGqs, ;'=k=lj –;+of]hs

;x k|fWofks 8f= /d]zs'df/ hf]zL k"j{ ;x k/LIff lgoGqs, lq=lj= –;b:o

>L t'n;Lk|;fb kl08t, ;xfos k|zf;s, k=lg=sf=,;'=k=lj= –;b:o

# **!= ljifo k|j]zM**

@)&^ ;fn r}q dlxgf b]lv ljZjJofkL ?kdf km}lnPsf] sf]le8–!( sf] dxfdf/Ln] dfgj hut\nfO{ c:tJo:t kfl//x]sf] cj:yfdf lzIff If]q ;j}eGbf a9L k|efljt ePsf] ;j{ljlbt} 5 . ljZjljBfnon] cfˆgf x/]s sfo{qmdx? r':tb'?:t ;~rfng ul//x]sf] cj:yfdf o; dxfdf/Ln] c;/ kf/]sf] kl/k|]Iodf ljBfyL{x¿sf] z}lIfs jif{ v]/ hfg glbg, tTsfnLg cGof}nsf] cj:yfsf aLrdf ef}lts ?kdf k/LIff ;~rfng x'g g;Sbf j}slNks dfWodaf6 cWoog cWofkg tyf d"Nof+sg h:tf ljz'4 z}lIfs ultljlwx?nfO{ ;d]t ultzLn agfpg' ckl/xfo{ cfjZostf ag]cg';f/ g]kfndf :yflkt ;a}h;f] ljZjljBfno tyf cGo pRr z}lIfs ;+:yfx?n] cjnDjg u/]sf z}lIfs Pjd\ k/LIff ;~rfng ;DaGwL gLlt, lgod / lgb]{lzsfx?sf] ;d]t cWoog u/L ;'b"/klZrd ljZjljBfnon] klg cTofjZos z}lIfs Pjd\ k/LIff;DaGwL ultljlwx?nfO{ lg/Gt/tf lbg j}slNks pkfox? cjnDag u/]sf] kfOof] . b]zdf dxfdf/Lsf] k|sf]k s]xL ;xh ePsf sf/0f cGo ljZjljBfnon] em}F ;'b"/ klZrd ljZjljBfnon] klg ef}lts ?kdf sIff ;~rfng tyf k7gkf7g u/L kf7\oqmd cg';f/ cWoog cWofkg k"/f eO;s]sf] cj:yfdf k/LIff ;~rfng ug'{ kg]{ cj:yf /xg' :jefljs} xf] . t;y{, k/LIff lgoGq0f sfof{no ;'=k=lj=åf/f ldlt @)&\*÷)!÷)% b]lv ef}lts pkl:yltdf :gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/sf] k/LIff ;~rfng ug{ ldlt @)&& r}q @ ut]sf] lbgdf ;do;fl/0fL k|sflzt u¥of] . ;do;fl/0fLcg'?k 6Lsfk'/ k/LIff s]Gb|df k/LIff ;DaGwL cfjZos sfuhftx? k'lu;s]sf] / ;f]xL cg';f/ s]Gb|n] cfjZos k|s[of cufl8 j9fO{ /x]sf] tof/L cj:yfdf b]ze/L gofF e]l/o06 ;lxtsf] sf]le8–!( cfPsf] k|rf/ ePsf] / ;f]xL sf/0f b]vfpFb} s]xL k/LIffyL{x?n] ef}lts ?kdf pkl:yt eP/ k/LIffdf ;xefuL x'g g;Sg] eg]/ k/LIffsf] lbg s]xL k/LIffyL{x?n] k/LIffxndf g} guP/ k/LIff jlx:sf/ ug]{ eg]/ d"nu]6df tfnfaGbL u/]/ hl6n kl/l:ylt l;h{gf u/]sf] kfOof] . ;f]cg'?k klxnf] lbg @)&\*÷)!÷)% ut]sf] k/LIffdf clwsf+z k/LIffyL{ cg'kl:yt /x] . pQm lbgsf] k/LIffdf s"n k/LIffyL{ !!! dWo] \*% k/LIffyL{ cg'kl:yt / @^ hgf k/LIffyL{ dfq k/LIffdf ;lDdlnt ePsf] kfOof] . t/ @)&\*÷)!÷)& ut]sf lbg eg] dfly pNn]lvt ;a} k/LIffyL{x¿n] ;xh 9+ujf6 k/LIff lbPsf] b]lvof] . o; cj:yfdf k/LIff alx:sf/ ug]{ k/LIffyL{x? klg @)&\*÷)!÷)\* ut] b]lvsf ;a} k/LIffx?df ;xh ¿kdf ;lDdlnt ePsf] kfOof] . klxnf] lbgsf] k/LIff alx:sf/ ug]{ k/LIffyL{x¿n] pSt 5'6]sf] k/LIff t'?Gt pxL qmdf° ls6fg u/L df}sf k/LIff xf];\ egL SofDk; k|zf;g ;dIf dfFu /fv]sfn] ;f];DaGwL ljjfb tyf ljBfyL{x?n] u/]sf] k'gM k/LIff;DaGwL dfFunfO{ oyf]lrt 9+ujf6 ;Daf]wg Pjd\ Jojl:yt ug{sf nflu pk/f]Qm k/LIff s]Gb|sf] :ynut cWoog u/L ;TotYo kQf nufO{ jf:tljstfdf cfwfl/t eO{ cfjZos /fo;'´fj ;lxt ;ft lbg leq l;kmfl/; ug{ ;'b"/klZrd ljZjljBfno k/LIff lgoGq0f sfof{no s]Gb|Lo k/LIff ;ldltsf] ldlt @)&\*÷)^÷)^ ut]sf] j}7såf/f ;'emfj ;ldlt u7g ul/Psf] xf]. of] cj:yfnfO{ nfdf] ;do;Dd /fVbf ;d:of ´g} hl6n aGb} hfg'sf ;fy} o;af6 ;+:yf Pj+ ljBfyL{ b'j} kIfnfO{ emg gsf/fTds c;/ kg]{ ePsf]n] ;d:of ;dfwfgsf] oyf]lrt pkfo cjnDjg ug'{ lgtfGt cfjZos ePsf]n] g]kfnsf cGo ljZjljBfno, g]kfn ;/sf/ Pj+ ljZjljBfno cg'bfg cfof]uåf/f hf/L lgb]{zgsf] kl/wLleq /xL ;'b"/klZrd ljZjljBfno k=lg=sf= sfo{ljlwsf] cfwf/df pko'Qm pkfox?sf] vf]hL u/L ;'emfj;lxt l;kmf/Lz ul/Psf] 5tyygyhghgh .

# **@= ;ldltsf] ;+/rgf / gfdfjnL M**

6Lsfk'/ ax'd'vL SofDk; s[lif lj1fg ;+sfosf] k/LIff ljjfb;DaGwL /fo;'´fj Pjd\ ;d:of ;dfwfgsf] ;Defljt pkfo l;kmfl/; ug]{ ;DjGwdf ;'´fj k]z ug{ ul7t ;ldltsf] ;+/rgf / gfdfjnL lgDgfg';f/ /x]sf]5 .

s= k|f= ef:s/bQ hf]zL k"j{ k/LIff lgoGqs, ;'=k=lj –;+of]hs

v= ;x k|fWofks 8f= /d]z hf]zL k"j{ ;x k/LIff lgoGqs lq=lj= –;b:o

u= t'n;Lk|;fb kl08t, ;xfos k|zf;s, k=lg=sf= –;b:o

!=

**#= ;ldltsf] ;do;Ldf / If]qflwsf/ M**

:ynut cWoog u/L of] ;ldltnfO{ /fo;'´fj ;lxtsf] l;kmfl/; k]z ug{ ;ft lbgsf] ;do ;Ldf lgwf{/0f ul/Psf] lyof] . o; ;ldltnfO{ ldlt @)&\* a}zfv % ut]] ;~rfng ePsf] :gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/ FMP2 Farm Management Production and Resource Economics ljifosf] k/LIffsf] lbg ;[hgf ePsf] ljjfbsf ;DaGwdf g]kfnsf cGo ljZjljBfno, g]kfn ;/sf/ Pj+ ljZjljBfno cg'bfg cfof]uåf/f hf/L lgb]{zgsf] kl/wLleq /xL ;'b"/klZrd ljZjljBfnosf] P]g, lgodfjnL, ljlgod, sfo{ljlwsf] cfwf/df pko'Qm pkfox?sf] vf]hL u/L ;'´fj ;lxt l;kmf/Lz ug]{ If]qflwsf/ k|bfg ul/Psf] lyof] . t;y{, ;f]xL If]qflwsf/sf] kl/lwdf /xL of] k|ltj]bg tof/ ul/Psf] xf] .

# **$= ;ldltsf] sfo{ k|lqmof M**

o; ;ldltnfO{ k|fKt ;do;Ldf / If]qflwsf/ cg';f/ ;'´fj ;lxtsf] k|ltj]bg k]z ug]{ u/L tkl;nsf] sfo{tflnsf cg';f/ ;ldltn] sfo{ k|lqmof cl3 j9fPsf] a9fof] .

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| qm=;+ | ldlt | a}7s qmd | ;Dkflbt sfo{ | s}lkmot |
| != | 2078÷06÷08 | klxnf] lbg | kqk|flKtkl5sf] klxnf] lbg ePsfn] ;ldltsf] sfo{If]q, ;dosf] ;Ldf / ug'{kg]{ sfdsf] hfgsf/L ;DaGwdf k/LIff lgoGq0f sfof{no;Fu 5nkmn |  |
| @= | 2078÷06÷09 | bf];|f] lbg | 6Lsfk'/ ax'd'vL SofDk; k/LIff s]Gb|sf] :ynut cWoog . ;/f]sf/jfnf 8Lg, SofDk; k|d'v Pjd\ s]Gb|fWoIfHo" , ljefuLo k|d'v tyf ;xfos s]Gb|fWoIfHo", jl/i7 k|fWofks, sd{rf/L tyf lg/LIfsHo" / To; lbgsf] k/LIffdf pkl:yt Pj+ cg'kl:yt k/LIffyL{x?;Fu 5nkmn tyf jxfFx¿sf] /fo;'´fj ;+sng . |  |
| #= | 2078÷06÷10 | t];|f] lbg | cGo ljZjljBfnosf kbflwsf/L tyf cGo hfgsf/;Fu ;/;Nnfx /fo ;'´fj ;lxt ug'{kg]{ sfdsf ;DaGwdf k/fdz{ . |  |
| $= | 2078÷06÷11–12 | Rff}yf] / kfFrf} lbg | k|fKt ;a}sf] /fo;'´fjdfly ax; tyf 5nkmn |  |
| &= | 2078÷06÷13 | 5}6f}F lbg | ;j}af6 k|fKt /fo;'´fjdfly ePsf] jx; Pj+ 5nkmnkZrft cjnDag ug{ ;lsg] pko'Qm ljlwsf] klxrfg / k|ltj]bgsf] k|f/lDes 9f“rf tof/ ug]{ sfdsf] k|f/De . |  |
| \*= | 2078÷06÷14 | ;ftf}FF lbg | k||ltj]bgsf] d:of}bf n]vg sfo{ k|f/De . |  |
| (= | 2078÷06÷15 | cf7f}F lbg | d:of}bf n]vgdf ax; u/L To;df /x]sf sdL sdhf]/L x6fP/ ;DalGwt lgsfodf a'emfpg] k|ltj]bgnfO{ clGtd ¿k k|bfg . |  |

# **%= :ynut cWoog ubf{ k|fKt ;/f]sf/jfnfsf] l/kf]6{ M**

;'b"/ klZrd ljZjljBfnosf ;a} sIffx? ef}lts pkl:yltdf ;~rfng eO/fv]sf] cj:yfdf k/LIff lgoGq0f sfof{non] cfˆgf] jflif{s sfo{qmdfg';f/ -z}lIfs kfqf] jdf]lhd\_ k/LIff ;~rfngsf] gLlt lgwf{/0f u¥of] . ;f]xL cg'?k :gfts tx bf];|f], rf}yf] / 5}7f}F ;d]:6/sf] ;qfGt k/LIff ef}lts ?kdf ;~rfng ug{ s[lif lj1fg ;+sfosf] @)&\*÷)!÷)% ut] b]lv k/LIff ;~rfng ug]{u/L @)&\*÷!@÷)@ ut] g} ;do;fl/0fL k|sflzt u/]sf] b]lvof] . ;do;fl/0fL cg';f/ ldlt @)&\* a}zfv % ut] ;~rfng ePsf] :gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/ FMP2 Farm Management Production and Resource Economics ljifosf] k/LIffsf] lbg hDdf !!! hgf k/LIffyL{ dWo] \*% hgf k/LIffyL{x?n] sf]le8sf] sf/0f ef}lts pkl:yltdf k/LIff lbg g;lsg] egL k/LIff glbPsf] / @^ hgf k/LIffyL{x?n] k/LIff lbPsf] b]lvof] . h;df pkl:ylt -lgoldt k'/f !# / cf+lzs !# u/L @^\_ cg'kl:ylt -lgoldt k'/f \*! / cf+lzs $ u/L \*%\_ hgf cg'kl:yt ePsf] b]lvG5 . ;f] lbgsf] hDdf k/LIffyL{ ;+Vof !!! lyof] . sf]le8 dxfdf/Lsf] cj:yf km}lnFb} uPsf] ;'Ggdf cfP tfklg ;/f]sf/jfnf;Fu a'‰bf sf]le8 !( sf] klxnf] r/0fsf] k|efj qmdzM sd x'Fb} uPsf] / aGbfaGbL(Lockdown)sf] cj:yf ;fdfGo xF'b} uO/x]sf] tTsfnLg cj:yfdf g]kfn ;/sf/åf/f lgb]{lzt :jf:Yo dfkb08x? ckgfO{ :yfgLo lgsfosf] ;dGjodf z}lIfs ;+:yfx?nfO{ k|ToIf sIff ;~rfng ug{ ;lsg] cj:yf ;[hgf ePsfn] To;} cg'?k o; ljZjljBfnon] klg cfÇgf z}lIfs sfo{qmdx? k|ToIf ?kdf ;~rfng u/]sf] b]lvof] . t/ s]xL k/LIfL{x?n] sf]le8 dxfdf/Lsf] c;'/Iff b]vfO{ ;f] lbg k/LIff ;~rfng ;do cufj} k/LIff s]Gb|df cfP/ ljjfb ;[hgf u/]sf] / k/LIff lbg d~h'/ gePsf k/LIffyL{x?n] SofDk;sf] d"n u]6df g} tfnf nufO{ afFsL k/LIffyL{x?nfO{ klg leq hfgaf6 /f]s nufpg] k|of;u/]sf]] kfOof] . tfnf nufpg' k"j{ k/LIff s]Gb|leq uO;s]sf k/LIffyL{x? / cleefjs cfkm} cfP/ csf]{ u]6af6 k/LIff s]Gb|leq k7fOPsf k/LIffyL{x?n] dfq k/LIff lbPsf] :ynut cWoogjf6 a'l´G5 . :ynut cWoog ubf{ e]6fPhltsf] ;/f]sf/jfnf JolStsf] egfO o:tf] /x]sf] 5 .

%= **c= s[lif lj1fg ;+sfosf 8Lg Ho"n] JoQm ug'{ ePsf] wf/0ff M**

s[lif lj1fg ;+sfosf 8Lg k|f=8f=nfnk|;fb cdufOF{Ho"n] o; ljifodf /fv]sf] wf/0ff – …tTsfnLg cj:yfdf k/LIff s]Gb|n] ;r]tsf ;fy ;DalGwt If]qdf sfd ug]{ lzIfs, sd{rf/L Pjd\ ljBfyL{ dfem :jf:Yo c;'/Iff pTkGg eO{ dxfdf/Lsf] hf]lvd ga9f];\ eGg] x]t'n] :jf:Yo ;'/Iffsf dfkb08x?M k/LIff s]Gb|df ;]g]6fOh/, yd{n ug / df:s, ;fdfGo cx]j;lxtsf] x]Ny 8]:ssf] Joj:yfsf ;fy} k/LIff xnnfO{ x/]s lbg ;]g]6fOh u/L k|To]s k/LIff xndf k/LIffyL{x?sf] aLrdf kof{Kt ;fdflhs b"/L sfod ug]{ h:tf k|fjwfg kof{Kt ?kdf ckgfOPsf] lyof] . s]xL ljBfyL{x? k/LIff lbg cfPsf lyP eg] s]xL k/LIffyL{x? cfkm}n] k/LIff lbg dfg]sf lyPgg\ . sltko k/LIffyL{x? k/LIff xndf hfg gdfgL u]6df g} tfnf nufP/ aflx/} a;]sf lyP .Ú

**%= cf= SofDk; k|d'v Pjd\ s]Gb|fWoIfHo"n] JoQm ug'{ePsf] wf/0ff M**

o; ;DaGwdf SofDk; k|d'v Pjd\ s]Gb|fWoIf >L s]z/axfb'/ s'Fj/Ho"sf] cleJolQm o:tf] /x\of] …ljZjljBfnosf] k|sflzt ;do;fl/0fL cg';f/ xfdLn] k/LIff ;~rfngsf] k"0f{ tof/L u/]sf lyof}F . k/LIffnfO{ Jojl:yt xf];\ / :jf:Yo c;'/Iff pTkGg eO{ dxfdf/Lsf] hf]lvd ga9f];\ eGg] x]t'n] :jf:Yo ;'/Iffsf dfkb08x?sf] Vofn u/L k/LIff s]Gb|df ;]g]6fOh/, yd{n ug, df:s, cx]j;lxtsf] x]Ny 8]:ssf] Joj:yfsf ;fy} k/LIff xnnfO{ x/]s lbg ;]g]6fOh u/L k|To]s xndf k/LIffyL{x?sf] aLrdf kof{Kt ;fdflhs b"/L sfod ug]{ h:tf k|fjwfg kof{Kt ?kdf Joj:yf ul/Psf] / ;f]sf] hfgsf/L ;DalGwt k/LIffyL{x¿nfO{ u/fOPsf] lyof] . olt x'Fbfx'Fb} klg s]xL k/LIffyL{x?sf sf/0f k/LIff lbg] dg;fo;lxt k/LIffxndf cfPsf cGo k/LIffyL{x? nufot k/LIffdf v6\g] ;a}n] tgfjdf /x]/ sfd ug'{kg]{ cj:yf ;[hgf ePsf] lyof] . ljBfyL{x?nfO{ ;D´fO{ a'´fO{ ubf{ klg gdfg]/ pN6} SofDk; u]6df tfnf nufpg uPsf lyP . s]xL k/LIffyL{x?n] ;fGt jftfj/0fsf ;fy k/LIff lbPsf eP klg k/LIff s]Gb| kl/;/df ePsf] tgfjk"o0f{ jftfj/0fsf sf/0f xnleqsf k/LIffyL{x? lgs} tgfjdf lyP . SofDk;sf] :yfkgf b]lv xfn;Dd ljBfyL{n] SofDk;sf] d'nu]6df tfnf nufP/ k/LIff alx:sf/ u/]sf lyPgg\ . of] g} klxnf] 36gf eof] h;n] xfdL abgfd eof}F .Ú

**%= O= ljefuLo k|d'v tyf ;xfos s]Gb|fWoIfHo";Fusf] 5nkmndf k|fKt /fo M**

8Lg, s]Gb|fWoIf nufot ljefuLo k|d'v ls/gk|;fb e§sf] egfO klg nueu Pp6} lsl;dsf] kfOof] . …sf]le8 !( dxfdf/Ljf6 aRg] pkfo :jf:Yo ;'/Iffsf ;fdfGo lgodx? kfngf ul/Psf 5g\ eGbf klg s]xL k/LIffyL{x?n] k/LIff g} alx:sf/ ug{ vf]Hg' eof] . xfdLn] k/LIffyL{x?nfO{ k/LIffdf ;lDdlnt x'g x/t/xjf6 ;D´fpg] k|of; u¥of}F t/ xfd|f] k|of; lg/y{s /x\of] . k/LIffyL{x?nfO{ ;f]´} cfkm" / :yfgLo cleefjs dfkm{t ;D´fpg] k|of; eof] . kmn:j?k s]xL ljBfyL{ ;xefuL eP eg] s]xL la/f]wd} /x] . k/LIff lbg'xf];\ eGbf klg dfGg' ePg . ljBfyL{x?n] xfdLn] k"/f ug{ g;Sg] dfFux? /fVg' eof], hf] k/LIff lgoGq0f sfof{no tyf s]Gb|Lo sfof{no;Fu dfq ;/f]sf/ /fVg] vfnsf lyP . km]/L xfdLnfO{ / ;DalGwt lgsfonfO{ cflwsfl/s s'g} hfgsf/L g} gu/fP/ k/LIff jlx:sf/ ug{ lt/ hfFbf of] 36gf 36\g uPsf] xf] . k/LIff lgoGq0f sfof{nosf] ;"rgf aflx/ xfdLn] hfg ;Sg] cj:yf lyPg . k/LIffyL{x?n] cflwsfl/s lgj]bg lbPsf] eP ;DjlGwt lgsfonfO{ hfgs/L u/fpg ;lsg] lyof] . t} klg ;DjlGwt lgsfonfO{ 6]lnkmf]g dfkm{t oxfFsf] oyfy{ 36gf atfPsf lyof}F . k/LIff lgoGq0f sfof{nojf6 ;"rgf k|sflzt e};s]kl5 k|zf;gn] k/LIffyL{x?nfO{ yk kmf]g ul//fVg' gkg]{ t} klg ;j}nfO{ u|'kdf hfgsf/L u/fOPsf] lyof] .Ú

$=

**%= O{= cGo k|fWofks, sd{rf/L tyf lg/LIfsHo";Fusf] 5nkmnaf6 k|fKt ljrf/ M**

k|f=8f= hutaxfb'/ l;+x /fjn Ho", ;=SofDk; k|d'v=k|=8f= wgs[i0f pkfWofo, k/LIffsf lg/LIfs lbg]zs'df/ zfx tyf lg/LIfs /Iff zdf{, ;+nUg sd{rf/L w|'j axfb'/ /fjn nufot cGo lzIfsx?sf] egfO klg 8Lg, s]Gb|fWoIf, ljefuLo k|d'vsf] h:t} lyof] . s'g} klg xfntdf k=lg=sf=sf] ;"rgf ljgf k/LIff /f]lsb}g egL er'{cn tyf sltkonfO{ kmf]gdf ;d]t hfgsf/L u/fpg'sf ;fy} o;jf/] cleefjsnfO{ ;d]t k"j{ hfgsf/L u/fOPsf] egfO lzIfsx¿sf] lyof] . To; lbg hDdf hfFr lbg] k/LIffyL{sf] ;+Vof !!! lyP . h;dWo] lgoldt ($ / !& hgf cf+lzs k/LIffyL{ lyP .k|To]s sf]7fdf @) hgf /fv]/ ^ sf]7fdf l;6KnflgË u/]sf lyof}F . k/LIff ;dodf @^ hgf k/LIffyL{ pkl:yt eP/ k/LIff lbPsf lyP eg] \*% hgf k/LIffyL{ cg'kl:yt /x]sf lyP . h;dWo] cg'kl:yt clwsf+z k/LIffyL{x?n] k/LIff alx:sf/sf] kIfdf gf/f nufpFb} SofDk;sf] d"nu]6df tfnf nufOlbPsf lyP . k/LIff lbg cfpg] k/LIffyL{x?nfO{ ;d]t afwf k'¥ofO/x]sf lyP . s]xL :yfgLo k/LIffyL{x? eg] cfˆgf cleefjs ;d]tnfO{ lnP/ cfPsf lyP . k/LIff lbg] sltko k/LIffyL{x? tgfjdf /x]sf lyP . k/LIff ;lsPkl5 klg sltko k/LIffyL{x? d"n u]6jf6 guP/ csf]{ u]6jf6 aflx/ lgl:sg' k/]sf] hfgsf/L lbFb} ;d:ofsf] lg/fs/0fsf nflu pko'Qm pkfo vf]Hg' kg]{ s'/fdf pkl:yt ;a}n] hf]8 lbg'ePsf] lyof] .

**%= p= To; lbgsf] k/LIffdf pkl:yt k/LIffyL{x?;Fusf] 5nkmndf k|fKt ljrf/ M**

k|zf;gsf] /]s8{cg';f/ Tof] lbgsf] k/LIffdf @^ hgf pkl:yt ePsf lyP eg] \*% hgf cg'kl:yt /x]sf lyP . pkl:yt s]xL k/LIffyL{x?nfO{ a'‰bf jxfFx?sf] dfFu k/LIff lbg kfpg'kg]{ b]lvof] . t/ k/LIff s]Gb|df ljutdf em}F tgfj/lxt tyf zfGt jftfj/0fdf k/LIff lbg kfpg] Joj:yfsf] ;'lglZrttf xf]cf];\ eGg] lyof] . k/LIff jlx:sf/ ug{ vf]Hg] k/LIffyL{x?sf sf/0f To;f] x'g ;s]g . k/LIff s]Gb| tyf k/LIffxnsf] jftfj/0f ;bfsf] h:t} ;fGtdo / Jojl:yt eP tfklg s]Gb|sf] d"n u]6sf] jftfj/0fn] s]xL tgfj l;h{gf ePsf] u'gf;f] JoQm ePsf] lyof] . k/LIff jlx:sf/ ug]{ dWo]sf s]xLn] s]xL lbg cufl8b]lv ;j} k/LIffyL{nfO{ ljleGg ;Dks{ dfWod k|of]u u/L k/LIffdf ;xefuL gx'g'xf]nf ;d]t eg]sf] kfOof] . sltko k/LIffyL{x? :yfgLo tyf k/LIff s]Gb| glhs ePsf sf/0fn] klg k/LIff lbg cfPsf] b]lvof] . pgLx?sf] egfOcg';f/ :yfgLo jftfj/0f a'´]sf, ;d;dlos 36gfx? k|lt b}lgs ck8]6 /x]sf / ;/sf/L ;"rgf, :yfgLo ;dfrf/sf cfwf/df klg ;f] 7fpFdf sf]/f]gf dxfdf/Lsf] jftfj/0f klg ;fdfGo /x]sf] eGg] a'em]sf s]xL k/LIffyL{n] lghx?sf cleefjs tyf SofDk; k|zf;gsf] ;Nnfx ;d]t lnP/ k/LIff lbg cfPsf] egfO 5 . clwsf+z k/LIffdf ;xefuL gePsf k/LIffyL{xsf] dfFu k/LIff alx:sf/ ug'{kg]{ lyof] . s]xL k/LIffyL{x?n] jxfFx?nfO{ klg ;xefuL gx'g eg]sf /x]5g\ . sltkonfO{ kmf]gdf ;d]t ghfg eg]sf /x]5g\ . cg'kl:yt sltko k/LIffyL{x?n] cfkm"x?nfO{ xfF;]/ luHofO/x]sf] s'/f ;d]t atfpg' eof] . ;f] 36gfn] xfn ;Dd klg k/LIff lbg] k/LIffyL{x?nfO{ glbg] k/LIffyL{x?;Fu ltSttf a9]sf], cfkm'x?;Fu sltko ;fyLx?sf] af]nrfn ;d]t aGb ePsf] / cfufdL lbgx?df ;fyLx?sf] o:t} Jojxf/ /x]df ;uf]ndf ug'{kg]{ sltko sfddf ;d]t c;/ kg{;Sg] eGb} dfgl;s tgfj eP/x]sf] s'/f k/LIff lbg] k/LIffyL{n] JoQm u/] . Tof] lbgsf] tgfjsf sf/0f ;f]r]h:tf] k/LIff gePsf] / sltkon] t kl5 s] x'g] eg]/ /f]P/ k/LIff lbPsf] klg jtfP . k/LIffsf] ;DjGwdf s'/f /fVbf xfdLn] lbPsf] k/LIff s] x'g] eg]/ ;d]t lh1f;f /flvPsf] lyof] .

%=

**%= pm= To; lbgsf] k/LIffdf cg'kl:yt k/LIffyL{x?;Fusf] 5nkmndf k|fKt /fo;'´fj M**

To; lbgsf] k/LIffdf cg'kl:yt \*% hgf k/LIffyL{x¿dWo] k|ltlglwd"ns ^ hgf k/LIffyL{sf] pkl:ylt /x]sf] lyof] . pgLx?sf] egfO ljZjJofkL ?kdf km}lnPsf] sf]/f]gf efO/;sf] bf];|f] e]l/o06sf] k|sf]k g]kfndf klg /x]sf] / ;f]sf] k|efj of] If]qdf klg k/]sf]n] ef}lts pkl:yltdf k/LIff lbg g;s]sf] /x]sf] lyof] . pgLx?sf] egfOdf s[lif lj1fg ;+sfodf %% lhNnfsf ljBfyL{x? cWoog/t 5g\ . xfdLx?dWo] clwsf+z k/LIffyL{x? lhNnf aflx/jf6 cfPsf / sf]/f]gf kf]h]l6e x'g;Sg] ;Defjgf lyof], ;f]sf] Joj:yfkg SofDk; k|zf;gn] ug'{kg]{ lyof,] ;f] sfd u/]g eGg] pgLx¿sf] cf/f]k lyof] . dxfdf/L r/d ;Ldfdf km}lnPsf] cj:yfdf k/LIffyL{x?n] k/LIff ;~rfngsf lglDt ;fdflhs b'/L ;lxtsf] l;6 Joj:yfkg, ;]g]6fOh/, df:s, x]=c= ;lxtsf] x]Ny 8]:s, *Isolation* sf] ;fy} *PCR Test* sf] Joj:yf ug'{kg]{ dfFu /fv]sf] t/ SofDk; k|zf;gjf6 df:s, ;]g]6fOh/, yd{ld6/, x]=c= / ;fdflhs b'/L sfod u/fpg] sfdsf] dfq lhDdf lnPsf] . ctM cleefjs lalxg PSnf PSn} 8]/fdf a:b} cfPsf xfdL ljBfyL{x?n] dxfdf/Lsf] eon] k/LIff glbg] lg0f{o lnPsf lyof}F . dxfdf/L a9]sf]n] qf;sf sf/0f tgfj ePsf] egfO /fv]sf lyP . pgLx?sf] egfOdf SofDk; k|zf;gn] sf]/f]gfefO/;jf6 aRg] ;fdfGo dfkb08sf] Joj:yf u/]sf] cfkm"x?nfO{ hfgsf/L gePsf] atfP . sltkosf cg';f/ cfkm"x?nfO{ SofDk; k|zf;gjf6 k/LIff lbg cfpm eg]/ kmf]g ;d]t gu/]sf] u'gf;f] ;'gfP . ljBfyL{sf] egOdf To; j]nf xfdLn] SofDk; k|zf;gnfO{ ***cfO;f]n];gsf*]** Joj:yf ug{ dfFu /fv]sf lyof}F . ljBfyL{sf] ;'/Iff SofDk;n] lng'k5{ eGg] dfFu /fv]sf]df k|zf;gn] jf:tf gu/]sf] atfP . ;f] u/]sf] eP k/LIff lbg cfpg] lyof}F eGg] egfO pgLx¿sf] lyof] .a}zfv # ut]sf] lbgsf] cled'vLs/0f tyf kl/rofTds sfo{qmddf ljZjljBfnojf6 uPsf kbflwsf/LnfO{ ;d]t ;f] s'/f ;'gfPsf] t/ jxfFx?jf6 klg ;d:of ;dfwfgsf] nflu kxn gu/]sf]n] cfGbf]ng cufl8 a9]sf] s'/f JoQm ePsf] lyof] . k/LIffyL{x? o:t} cj:yfdf k/LIff lbg ;lsb}g eg]/ @)&\* a}zfv # ut] ljBfyL{ ;+u7gx?n] ;+o'St k|]z lj1lKt lgsfn]/ Wofgfsif{0f u/fPsf] hfgsf/L u/fpFb} k|sflzt ;"rgf tyf k|];lj1lKt Pj+ Wofgfsif{0fdfly s'g} ;'g'jfO ul/Pg eGg] u'gf;f] JoQm u/]kZrft\ b]xfocg'?ksf dfu ;'emfj ;ldlt;dIf k|:t't ul/Psf] lyof] .

s= bf];|f] ;]d]:6/sf] k/LIff kmn k|sflzt x'g' cufj} cyjf j8fbz}Fsf] nfdf] ljbf cufj} o; ljifosf] k'gMk/LIff u/fP/ ;Fu} k/LIffkmn k|sflzt ug'{ kg]{ .

v= k'gM ul/g] k/LIffdf pxL qmdf° cl°t x'g'kg]{ .

u= k'gM ul/g] k/LIffsf] k/LIffkmndf qmdf°sf] cufl8 Star gnufpg] .

3= ljZjljBfnojf6 bLIffGt ;df/f]xdf k|bfg ul/g] kbs jf cGo lgsfojf6 k|bfg ul/g] kbs ljt/0fsf nflu xfd|f] gfd klg k|lt:kwf{df ;dfj]z ul/g' kg]{ .

ª= **s[lif lj1fg ;+sfosf ljBfyL{x?sf] nAwfÍkq Hofb} ;+j]bgzLn x'g] ePsf]n] ljZjljBfnon] xfdLnfO{ cGo ;+sfo;Fu gbfFhL xfdLk|lt ;+j]bgzLn eP/ lg0f{o n]cf];\ .**

^=

**sfo{bnsf] larf/df yk s'/fx?**

!= of] 36gfaf6 ljZjljBfno kl/jf/df c;xh l:ylt l;h{gf ePsf] 5 .

@= ;dfhdf of] 36gfn] gsf/fTds ;Gb]z lbPsf]df / ljZjljBfnonfO{ abgfd ug]{ k|of; ePsf] 5 .

#= k/LIff lbg] / glbg] b'j}nfO{ dfgl;s tgfj l;h{gf ePsf] 5 .

$= o:tf 36gfx? k'gM bf]xf]l/g glbg ljZjljBfnosf] t'?Gt s]lx sbd rfNg' kg]{ b]lvG5 .

%= k/LIff jlx:sf/ ug]{ k/LIffyL{x?n] ;dodf lhDd]jf/ lgsfo ;dIf lnlvt dfFu /fv]sf] b]lvPg . pgLx¿sf] df}lvs hfgsf/Lcg';f/ a}zfv # ut]sf] cled'vLs/0f sIffdf ljZjljBfnojf6 efu lng uPsf lhDd]jf/ kbflwsf/Lx?nfO{ ;f] s'/f ;'gfOPsf] lyof] t/ jxfFx?n] klg ;dfwfgsf] pko'Qm pkfo vf]hL u/]sf] s'/f cfkm"x¿n] gkfPsf] u'gf;f] ljBfyL{x?sf] lyof] . of] s'/fsf] ljifodf kbflwsf/Lx?nfO{ ;dod} ;r]t u/fO{ b'a} kIf a;]/ 5nkmndf uPsf] eP ;dfwfgsf] pkfo vf]Hg ;lsGYof] .

^= s'g} dfFux? klg ;DjlGwt lgsfodf glbP/ k|];lj1lKtsf] ?kdf lgsfn]sf] b]lvof] h;n] ubf{ l:ylt hl6n aGg k'Uof] .

&= ljZjljBfnon] ug]{ lg0f{osf ;DjGwdf alx:sf/ kIfn] ljZjljBfnonfO{ ;dodf hfgsf/L gu/fO{ x/]s s'/fsf] ;dfwfg SofDk;n] ug'{kg]{ cfzo b]vfO{ tfnfaGbL u/]sf] / SofDk; k|zf;gn] klg cfpg ;Sg] ;d:ofsf] k"j{ cfFsng ug{ g;s]sf] b]lvof] .

\*= sf]/fgf efO/; dxfdf/L a9]sf] b]v]kl5 k/LIffyL{x? SofDk;df pkl:yt gx'g' kg]{ xf] . t/ k/LIff alx:sf/ ug]{ ljBfyL{x? :jf:Yo ;'/Iffsf dfkb08 ;d]t kfngf gu/]/ SofDk; u]6df ;fd'lxs a;]sf] b]lvof] . ef}lts ?kdf pkl:yt e} k/LIff glbg] t/ Online ?kdf dfq k/LIff lbg] dg;fo lnP/ k/LIff dfq alx:sf/ ug]{ /0fgLlt a'l´of] . hf] gx'g'kg]{ xf] .

(= ljZjljBfnosf] ;fdfGo ;"rgfsf] klg hfgsf/L glnPsf] b]lvof] . sltko ;do;fl/0fLdf v'nfOPsf ;"rgfx? h:tf] ljZjljBfnosf] k"j{ ;"rgfljgf k/LIff :ylut x'g]5}g, k/LIffdf cg'kl:yt k/LIffnfO{ csf]{ s'g} Jojj:yf x'g] 5}g cflb nufotsf ;do;fl/0fL tyf k|j]zkqdf pNn]lvt ;"rgfsf] ;d]t hfgsf/L glng] u/]sf] kfOof] .

!)= klxnf] lbg :jf:Yo dfkb08sf] xjfnf lbP/ k/LIff jlxisf/ ug]{ ltg} k/LIffyL{x¿n] klg To;kl5sf k/LIffx¿df lgoldt pkl:yt eP/ cg'zfl;t 9Ën] k/LIff lbPsf] kfOof] . bf];|f] lbgkl5 k/LIff xndf sf]/f]gf efO/;jf6 aRg] :jf:Yo ;'/Iffsf dfkb08 k'/f u/]sf] kfOPsf] / SofDk; k|zf;gjf6 klxnf] lbg 5'6]sf] k/LIffsf] k'g k/LIff ;~rfng ug{ kxn ug]{ eg]kl5 jftfj/0f ;xh ag]sf] eGg] ts{ klg ;'lgof] .

!!= SofDk; k|zf;gn] pSt k/LIffdf cfpg ;Sg] ;Defljt kl/l:yltsf] cfFsng u/L ;DjlGwt lgsfodf ;dod} df}lvs afx]s lnlvt ?kdf hfgsf/L gu/fPsf] / ljBfyL{ Pj+ SofDk; k|zf;gsf lardf ePsf w]/}h;f] s'/fx? klg lnlvt geP/ df}lvs ?kdf g} ;Lldt /flvPsfn] klg b'O{ kIfaLr c;dembf/L a9\g uO{ 36gfn] hl6n df]8 lnPsf] b]lvG5 .

&=

**^=** **;'emfjM**

k/LIff lgoGq0f sfof{noåf/f lgwf{l/t If]qflwsf/ leq /x]/ :ynut cWoogdf ;/f]sf/jfnfn] lbPsf] ljj/0fsf cfwf/df ;ldltdf ul/Psf] Jofks jx; Pj+ 5nkmn kZrft\ b]xfo cg';f/sf ;'emfjx? l;kmf/Lz ul/Psf] 5 .

JolSt s'g} ;+:yf;Fu cfj4 e};s]kl5 To;sf] P]g, lgod, sfg'g, ljlgod / sfo{ljlwsf] kfngf ug'{ u/fpg' p;sf] bfloTj x'G5 . ljZjljBfnosf] k/LIff lgoGq0f sfof{nosf] ;"rgfnfO{ Wofg glbO{ efjfj]zdf cfO{ k/LIffyL{x?n] ;Da4 lgsfo;Fu pko'Qm ;dodf 5nkmn g} gu/L lhDd]jf/ kIfsf] /fo ;'´fjsf] c6]/ u/L k/LIff alx:sf/ ug'{nfO{ s'g} klg ?kdf pko'Qm dfGg ;lsGg . ljBfyL{x?n] cflwsfl/s ?kdf SofDk; k|zf;gdfkm{t ljZjljBfno;dIf ;dod} dfFu /fv]/ 5nkmn ug'{kg]{ lyof], t/ To;f] u/]sf] b]lvPg . SofDk; k|zf;gn] :jf:Yo dfkb08cGtu{t ;a}h;f] pkfo ckgfP klg ;a}sf] PCR Test ug{ g;Sg] egL cfkm\gf] jfWotf b]vfP/ alx:sf/ ug]{ k/LIffyL{x?nfO{ k/LIffdf ;lDdlnt x'g cfu|x ubf{ s]xL k/LIffyL{x? ;xefuL ePsf] b]lvof] . x/]s ;+:yfdf hfgL ghfgL 36]sf o:tf 36gfx?nfO{ nfdf] ;do;Dd clg0f{osf] cj:yfdf /fVbf ´g cGof}n / hl6ntf ylkFb} hfg] ePsf]n] ljZjljBfnosf] P]g, lgod, lgodfjnL, sfo{ljlw cg';f/ ;DalGwt lgsfon] g} ;dod} ;dfwfg ug'{kg]{ x'G5 . ;a};Fu ;/f]sf/ /fVg] o; k|sf/sf 36gfx?sf] ;dfwfg ubf{ eg] cfkm" nufot b]zsf cGo k|rlnt ljZjljBfnosf sltko glh/, lgod Pj+ sfo{ljlwnfO{ ;d]t kfngf u/]/ eljiodf s;}n] k|Zg p7fpg g;Sg] tl/sfn] ;dfwfgsf] pkfo vf]Hg' kg]{ x'G5 . To;}n] of] ;d:ofsf] ;dfwfgsf] Pp6} dfq pkfo eg]sf] sfo{ljlwdf ePsf] Joj:yfnfO{ cfTd;ft\ Pj+ kfngf ug'{ g} xf] . ljZjljBfno k/LIff lgoGq0f sfof{non] /fli6«o tyf cGt/f{li6«o :t/df cfˆgf] z}lIfs 5lj agfO/fVg ;'b"/ klZrd ljZjljBfno k/LIff Joj:yfkg tyf ;~rfng sfo{ljlw @)&\* sf] kl/R5]bb $ sf] lgod $=! sf] pklgod $=!+=% cg';f/sf] k'gM k/LIff (Back Paper) ug'{ kg]{ b]lvG5 . o;/L k/LIff lnFbf ljZjljBfnon] cGo k/LIffdf ´F} ckgfpg] ;a} k|lqmofx? lgod;+ut ?kn] ckgfpg' kg]{ / To;sf] kfngf ;/f]sf/jfnf ;a}n] ug'{ lgtfGt h?/L x'G5 . k/LIff h:tf] ;+j]bgzLn ljifonfO{ ;fdfGo tl/sfn] x]/]/ bL3{sfnLg c;/ kg]{ u/L lg0f{o ug'{ x'Fb}g . o;sf] ;dfwfg b]zsf cGo k|rlnt ljZjljBfnosf] gLlt, lgod, glh/ tyf ;'b"/ klZrd ljZjljBfnosf] sfo{ljlw cg';f/ ug'{kg]{ x'G5 . To; eGbf afx]ssf lg0f{odf k|ZglrGx v8fug]{ 7fpF x'g'sf ;fy} eljiodf klg o:tf 36gfx? bf]xf]l/g ;Sg] k|an ;Defjgf /xg ;S5 .

# **&= ;Gbe{ ;fdu|Lx?M**

* ljZjljBfno cg'bfg cfof]u, æpRr lzIffdf j}slNks k|0ffnLjf6 l;sfO ;xlhs/0f lgb]{lzsf @)&&Æ.
* cGo ljZjljBfno;Fu ;fdfGo hfgsf/L / ;do ;dodf hf/L ul/Psf ;"rgf .
* ;'b"/klZrd ljZjljBfnoMæj}slNks dfWodaf6 k/LIff ;+rfng, Joj:yfkg tyf d"Nof+sg lgb]{lzsf @)&&Æ ;+zf]wg ;lxt @)&\* .
* ;'b"/klZrd ljZjljBfno / k/LIff lgoGq0f sfof{nosf k|sflzt ;"rgfx? .
* ;'b"/klZrd ljZjljBfnoMk/LIff Joj:yfkg tyf ;~rfng sfo{ljlw @)&\* .
* :ylut k/LIff Pj+ sIff ;~rfng ;DjGwL ;'´fj ;ldltsf] k|ltj]bg @)&\* .
* pQm k/LIff;Fu k|ToIf / ck|ToIf ?kn] ;+nUg kbflwsf/L, k|zf;s, k|fWofks, sd{rf/L Pj+ k/LIffyL{;Fu ul/Psf hfgsf/Ld"ns df}lvs s'/fsfgL .

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